

The Lifeboat Trophy 2018

Saturday August 25th 11:30 hrs.

NOTICE OF RACE (NOR)

1 ORGANISING AUTHORITY & RULES

- 1.1 The Organising Authority is MRSC ('the Club') and this term includes its officers, the sailing committee, the race officers and assistants, the patrol boat crews and any other person involved in running the racing. The Dinghy Sailing Committee shall be the Race Committee.
- 1.2 The 'rules' as defined in the Racing Rules of Sailing (RRS) shall apply.
- 1.3 Sailing Instructions (SI) are attached below.

2 CONDITIONS OF ENTRY & ELIGIBILITY

- 2.1. Competitors are required to agree to be bound by the 'rules', and thereby accept that they participate at their own volition (RRS 4). By participating they agree to the conditions, and specifically acknowledge that:
 - a) they are aware of the inherent risks involved in dinghy racing and of their responsibility for the exposure of themselves and the boat to such risks and for the safety of the same whilst afloat;
 - b) they are responsible for any injury, damage or loss caused by their actions or omissions, and have valid third-party liability insurance with minimum cover of £2m;
 - c) their boat is fit, and its crew competent, to sail in the conditions likely to be encountered;
 - d) the provision of a race management team and patrol boats does not relieve them of their responsibilities, and that patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practicably provided in the circumstances.
- 2.2 Junior racing is open to members under 18 on 1st January. By allowing a junior to participate the parent or guardian accepts the terms of 2.1.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 The official notice board shall be in the Club Foyer.
- 3.2 Signals for the club start shall be made from the flagstaff flying an orange flag.
- 3.3 Temporary changes to the NOR or sailing instructions shall be posted at least 30 minutes before the race.
- 3.4 A briefing will be given before the start.
4. **Warning signals** shall be five minutes before the start time in the club programme.

6 SHORTENING OR ABANDONING RACES (AMENDING RRS 32)

- 6.1 Races may be shortened or abandoned at the race officer's discretion.

5 SAFETY

- 5.1 Before racing helms intending to race shall enter and **sign on** at the race box as accepting the conditions of entry and going afloat.
- 5.2 After the race all helmsmen shall sign off at the race box within 30 minutes of returning to the Club (or such extended period as the race committee may allow) as coming ashore.
- 5.3 The penalty for failure to sign on or off shall be a £2 (£1 juniors) donation to the Jeremy Strugnell fund or, if not paid, disqualification without hearing (amending RRS 63.1).
- 5.4 Code Flag Y shall signal that the wearing of personal flotation devices is advised (changing RRs signals).

SAILING INSTRUCTIONS FOR LIFEBOAT TROPHY 2018

1 A Special Course displayed at the Club signalled by Flag Z shall apply as follows:

1.1 The position of the laid marks shall be:

Yellow mark **1** – west of Club line

Yellow mark **2** – east of Club line.

1.2 Round 1:

Club start, Black Can (S), Smithy (S), Black Can (P), Finish Line (end of Round 1), Anchor west of laid yellow mark 1 with sails lowered fully into the boat (including the gaff and similar spars).

Round 2:

When signalled, hoist sails and up anchor, sail to Black Can (S), Smithy (S), Black Can (P), through finish line.

Round 3:

Collect stowaway and “man overboard” from East Pontoon, laid yellow mark 1 (S), Drop man overboard astern before rounding yellow mark 2 (S), return to recover man overboard, land stowaway and man overboard on east pontoon, yellow mark 1 (S), finish club line eastwards.

2 The normal starting sequence will apply before Round 1 (5min: warning signal Pendant 9, 4 minute: Preparatory signal Code Flag P, 1 minute: lower preparatory signal, Start: lower warning signal).

3 Round 2 will be preceded by the raising of a postponement flag (Answering Pendant) and warning flag (no gun). The postponement flag will be lowered one minute before starting Round 2 and the warning flag lowered at the start.

4 Round 3 follows on seamlessly from Round 2.

5 A time penalty will be added to the time of any boat raising anchor before the start of Round 2; that penalty shall be equivalent to the time before the start that the hoisting or raising occurs.

6 The stowaway shall be any individual but must be additional to the crew; and the man overboard shall be a buoyancy aid, straw filled sack or something similar.

7 Handicaps shall be set on the day. For rounds 2 and 3 boats shall not use a rig configuration with greater sail area than that used for round 1.

8 Starting and Finishing lines

Club line shall be between a mast flying an orange flag on the southern shore or the pontoon and the pole with a triangle top mark on the northern shore.

9 Protests

Protests shall be lodged within 30 minutes of the last finish of the day.